

# OVER 100KG H3 11TH RUN (Virtual)



**OVER 100KG H3 (VIRTUAL) RUN  
SUNDAY 19TH JUNE 2022  
RUN 11**

Adelaide Cancelled, Central Coast Cancelled BUT the Over 100 KG 11<sup>th</sup> (Virtual) Run is ON ON.

“ANY EXCUSE FOR A BEER AND A PIE”

## **\$35 gets you the goodie bag including Postage**

WHAT DO YOU NEED TO DO TO JOIN GM GRIZZLEY FOR THE OVER 100KG H3 11<sup>th</sup> RUN?

**On the 19TH JUNE 2022 Take a walk, have a beer and eat a pie. Take a photo/video for evidence with your Over 100KG 11<sup>th</sup> RUN shirt on and send it to our Facebook Page OVER 100KG H3 or to 0408494826**

The shirts have been paid for in full and have arrived in time for ~~the Aussie Nash Hash South Australia 2021/2022, Central Coast Nash Hash 2023~~ **Run 11 Virtual Run**. If you have already registered, please send an email to Delicious with your bank details and she will refund the \$35.00 from your original payment of \$70.00. Please confirm your postal address for delivery of your Goody Bag. OR if you want to REGISTER for the Over 100kg 11<sup>th</sup> (Virtual) Run, send payment and email Delicious 😊 [netty64a@gmail.com](mailto:netty64a@gmail.com) – **Final Cut-off date is now the 30.04.2022.**

**WHAT TO DO NOW!!! 1. EFT DETAILS BSB: 484-799 A/C NO: 071134752 A/C NAME: HHH Over 100kg Run DON'T FORGET TO INCLUDE YOUR HASH NAME IN DESCRIPTION 2. Then Send an email to Delicious.... [netty64a@gmail.com](mailto:netty64a@gmail.com) to say you have paid and where to send the Goodie Bag with Shirt.**

Get in quick so we can send the shirts out in time for our VIRTUAL Run.

ON ON  
GRIZZLEY - Grandmaster



HHH OVER 100KG